



Long Term Solutions

LONG TERM COMMITMENT. LONG TERM PEACE OF MIND.

Nothing prepared me for this role...

Like most adult children, I was working full time and my parents were OK, so I didn't think that their aches and pains were anything unusual. But soon my mother's emphysema became so severe that she needed oxygen continuously. At the same time my father developed dementia and began to rapidly decline.

I tried to keep up with the demands of caring for my mom but nothing had prepared me to coordinate all the insurances, safety issues and medical problems for two parents. The stress and fear were so overwhelming that one evening after spending hours with my parents, I became physically ill. I knew then I needed help.

I turned to **CAREsolutions™** and its care coordination program. This program linked me with a Professional Care Coordinator who recommended resources and gave me advice on coping with the stresses of being a caregiver.

I found out that hospice could also support my mother even if she was in an assisted living facility; that her Medicare, retirement insurance and long term care insurance could work together to help pay for her care and that it's OK for me not to visit everyday and to take time to myself.

My mother passed away in December. I know in my heart I did everything I could for her, and that has helped me immensely in dealing with her passing. While my father is still alive, I know he is in a safe environment. Thank you for helping me piece all this together.

***...Melonie S
Hurst Texas***