



Living Situation/Safety

- Loved one prefers to live independently in own home and/or live with relative; living situation is safe and is able to arrange for assistance as needed.
- Loved one needs some assistance to live independently; prefers to live in current location (home and/or neighborhood); needs someone periodically checking in.
- Loved one requires continuous supervision; depends on others for all assistance; unable to safely be alone.

Health/Medical Situation

- Loved one has minor health needs; is able to independently access community and physician resources; does not require frequent medical contact.
- Loved one has moderate health needs, mild confusion, early signs of dementia or cognitive impairment; needs ongoing physician contacts to monitor chronic medical concerns; requires assistance with medication management.
- Loved one afflicted with long-term medical condition or disability, exhibits signs of dementia or cognitive impairment including confusion, wandering; has had frequent or recent hospitalization(s); requires continuous medical help; depends upon others for medication management.

Functional/Mobility

- Loved one ambulates independently and/or safely (either with or without assistive devices); uses telephone independently; able to provide for personal care needs (bathing, dressing etc); does not need daily supervision or regular contacts.
- Loved one is mobile in own living area yet needs assistance in unfamiliar areas such as going to appointments; needs periodic help with personal care needs (bathing, dressing etc.) less than three times a week; needs daily supervision or regular contacts.
- Loved one is unable to ambulate or transfer safely without assistance or supervision; needs safe environment with emergency call system; unable to provide for personal care needs (bathing, dressing etc); depends on others completely.

Insurance/Finance

- Loved one has adequate health and long term care insurance coverage; is aware of all benefits (public and private); knows how specific benefits pay in certain healthcare situations.
- Loved one has adequate health insurance for catastrophic medical needs, lacks long term care coverage and somewhat familiar with how to use; needs help in managing insurance, payments and claims.
- Loved one is unaware or can not manage insurance or finances; requires someone else to make decisions; unsure of insurance options.

Supports and Services

- Loved one has family or others available to provide emotional support; can manage or arrange for household chores such as housekeeping, laundry and shopping; has adequate social contacts.
- Loved one requires some assistance to cope with emotional needs; unable to arrange for housekeeping, laundry and shopping services; infrequent social contacts.
- Loved one requires ongoing oversight to cope with emotional needs; requires crisis intervention for inappropriate, uncooperative, abusive behavior; depends on others for all household chores; socially isolated.

Your answers to each question are listed below for your review and reference.

1. Loved one requires continuous supervision; depends on others for all assistance; unable to live alone safely.
2. Loved one has moderate health needs, mild confusion, early signs of dementia or cognitive impairment; needs ongoing physician contacts to monitor chronic medical concerns; requires assistance with medication management.
3. Loved one is mobile in own living area yet needs assistance in unfamiliar areas such as appointments; needs intermittent help with personal care needs (less than three times a week); needs daily supervision or regular contacts.
4. Loved one is unaware or can not manage insurance or finances; requires someone as to make decisions; unsure of insurance options.
5. Loved one requires some assistance to cope with emotional needs; unable to arrange for housekeeping, laundry and shopping services; infrequent social contacts.

**No matter your situation know there is help available.
Please call 877-443-3777 today for a caregiver consult.**